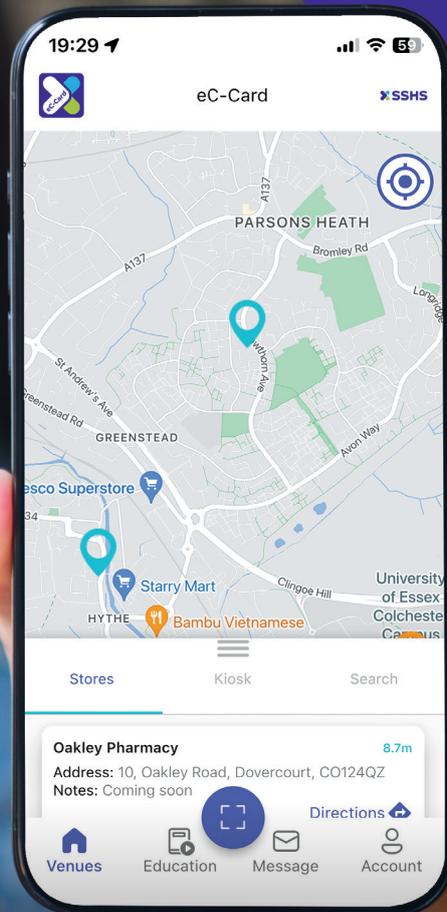




The eC-Card Scheme

The scheme provides **young people** aged 16 to 24* with access to **FREE condoms** and **lube** available from locations across Suffolk.

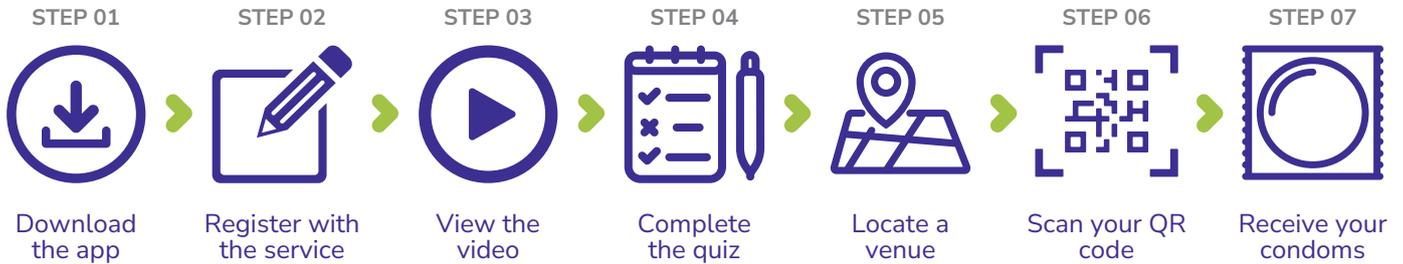
- Confidential Service
- No clinic visit required
- Sign up online



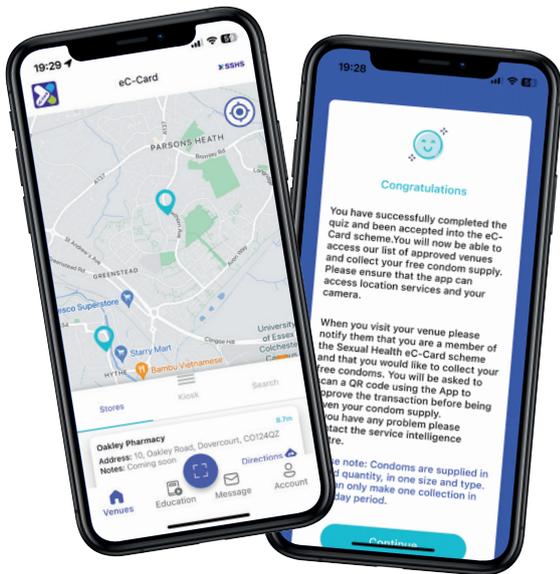
To find out more visit
➤ ec-card.org.uk

* if you are under 16 and interested in the scheme please contact your local sexual health service for further advice and information.

Using the App is simple



To be eligible for the scheme at the date of registration you must be aged **16-24yrs**, a **resident of Suffolk** and be sexually active.



Registering for the scheme is simple and only requires a small amount of information. You'll need to view three short educational videos within the App and complete a short multiple choice quiz to check your knowledge.

Once accepted you can visit one of our many collection points where you will be asked to use the app to scan a QR code. This will confirm your eligibility and allow you to pick up condoms. You will not have to give any of your personal details.

Alternatively, you can contact your service and book an appointment to visit one of our assessors. They will discuss your needs and explain the options available to you. Service contact details are below.

