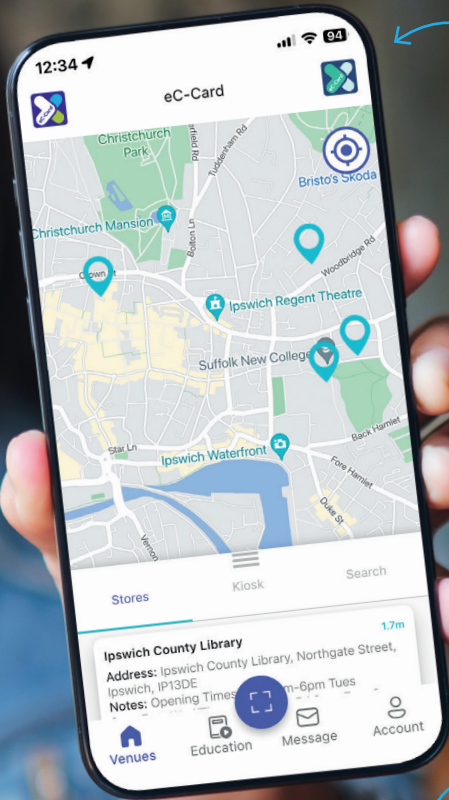


# Take control of your sexual health



Free condoms\* via the e-Card app



Order **self-test kits** via our online portal



Free and discreet



Information on **STIs** and **contraception**

Visit our website: [sshs.org.uk](https://sshs.org.uk)



Useful **blogs** on various sexual health topics

\*FREE condoms and lube for young people aged 16-24 across Suffolk

Follow our updates:



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# Our support for you...



- ✓ **Learn** about **sexual health**, **contraception**, and **STI prevention** with the help of **blogs** and **resources** on our website.
- ✓ Easy access to sexual health services, including advice on **contraception**, plus **STI testing** in **clinics** and at **home**.
- ✓ **Discreet** and **confidential** services available.
- ✓ **Pharmacies** offering services including free **condoms** and access to **Emergency Hormonal Contraception**.

View clinic and pharmacy locations across Suffolk:



Get in touch:

☎ **0300 303 9982**

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