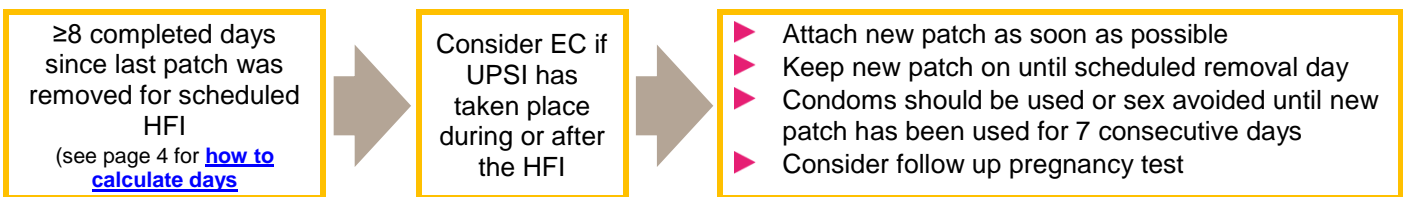
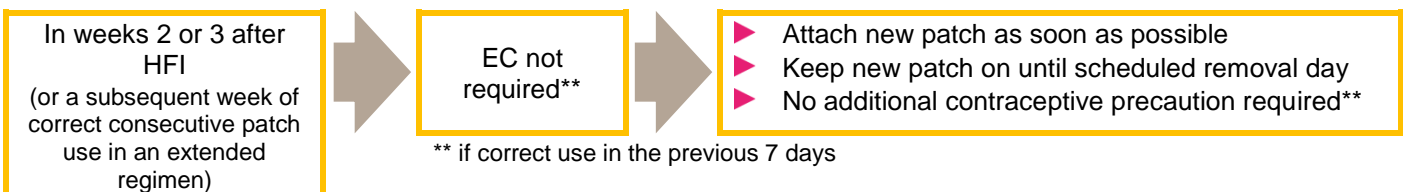
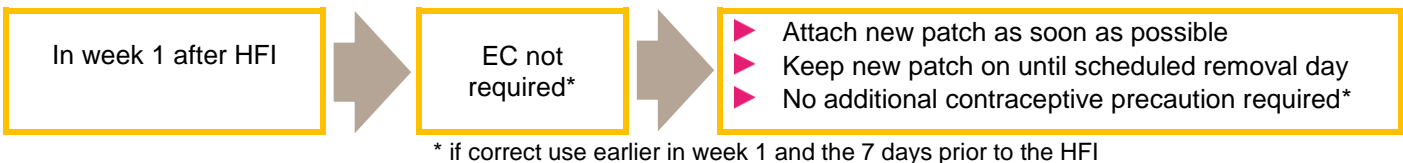


Guidance on actions after incorrect use of the combined transdermal patch

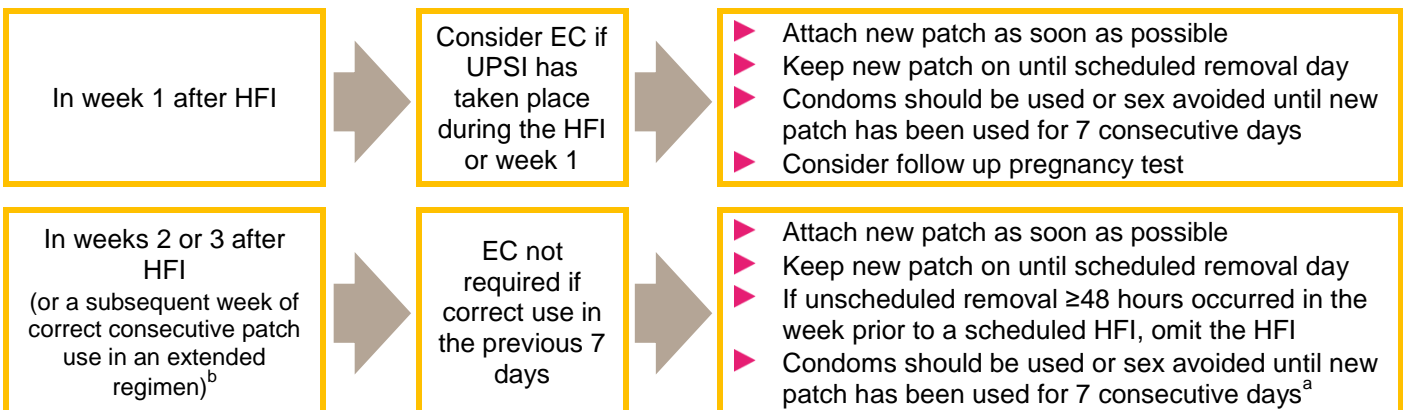
Late restarting patch after scheduled HFI



Unscheduled patch detachment for <48 hours or continued use of same patch for up to 48 additional hours



Unscheduled patch detachment for ≥48 hours or continued use of the same patch for ≥48 additional hours



^a Overcautious, but a back-up in case of subsequent incorrect use

^b Theoretically this could apply to up to 7 consecutive days unscheduled patch removal, but evidence is lacking

Abbreviations: EC, emergency contraception; HFI, hormone-free interval; UPSI, unprotected sexual intercourse

How to calculate late restart after a hormone-free interval (HFI) for pill, ring or patch

Pill: If a woman took her last pill before a HFI at 9am on Monday, so long as she restarts before 9am on Wednesday of the following week (just less than 9 days later) she does not need to take additional action. If she starts at or after 9am on the Wednesday of the following week (9 days or more later) additional action is required. For pills, the HFI is considered to start 24 hours after the last pill is taken.

Ring or patch: If a woman removed her ring or patch before a HFI at 9am on Monday, so long as she inserts the new ring or applies the new patch by 9am on Tuesday of the following week (just less than 8 days later) she does not need to take additional action. If she restarts after 9am on Tuesday of the following week (8 days or more later), additional action is required. For the ring or patch, the HFI is considered to start at the time the ring or patch is removed.